

Modern technologies of Health assessment in Complementary Medicine

According to Traditional Chinese Medicine

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Complementary Medicine is composed of a variety of diagnostic and therapeutic modalities which regardless of their differences in their attitude towards health and disease, have been designed and applied in order to complement mainstream medicine in promoting the health of individuals by prevention of disease and treating ailments. Many of these health oriented systems such as Traditional Chinese Medicine (TCM) and Traditional Hindu Medicine (Ayurveda), own an ancient history which goes well beyond modern medicine throughout human history, but due to their effectiveness and holistic approach, have been highly appreciated globally during the last few decades by both people and the medical community in advanced countries.

According to acupuncture – being the most important part of TCM – there is a complex network of fine channels called “Meridians” in human body which is in charge of inner balance and harmonious physiology of different organs. Such a viewpoint has been approved by modern physics and medical research performed since 1970,s too. Research has shown that human body is a magnificent sum of electrical charges and electrical pathways (nerve pulses and meridian channels) and biomagnetic fields such as heart field, eye field, and the biomagnetic field of central nervous system.

Without a doubt, studying the rules governing the meridians and electromagnetic centers of human body called “Chakras” in order to maintain their balance for better health that has been introduced for three to five thousand years in TCM and Ayurveda, is an essential need for the advanced and modern health systems of 21st century. Thanks to a vast number of clinical researches, such a complete approach to health and disease is the essential foundation of “Integrative Medicine”, combining the wisdom of Eastern medicine with the hardworking and advanced modern medicine.

Currently, one of the most complete and up to date diagnostic and therapeutic systems in the field of Complementary and Integrative Medicine is “Electro dermal Analysis”. This technology combines the potentials of TCM with modern achievements in medical engineering of Europe and United States. A Netherlands based system of such category has been applied and tested in Iran in Milad hospital of Tehran. We have been using it successfully since early 2008 in Complementary medicine clinic of Milad hospital in order to diagnose health and meridian activity pattern of our acupuncture patients applying the theories of TCM and treat them accordingly. This option offers précised measurements of all major meridians for detection of harmony or chaos in human physiology before, during and at the end of course of treatment for patients applying acupuncture,

